

# FOLEY & ASSOCIATES, INC.

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**HAND DELIVERED**

December 19, 2017

**RECEIVED**

DEC 19 2017

Ms. Courtney Avery, Administrator  
**Illinois Health Facilities and Services Review Board**  
525 West Jefferson Street, Second Floor  
Springfield, Illinois 62761

**HEALTH FACILITIES &  
SERVICES REVIEW BOARD**

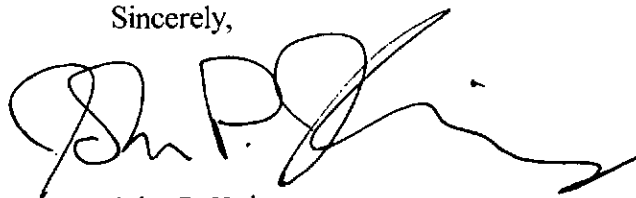
**Re: Project No. 17-035, Manor Court of  
Rochelle**

Dear Ms. Avery:

Please accept the enclosed memory care need documentation and support letter from Ronald C. Petersen, M.D., Ph.D. Professor of Neurology, Mayo Clinic College of Medicine for the above referenced project.

If you have any questions, please don't hesitate to contact me.

Sincerely,



John P. Kniery  
Health Care Consultant

JPK/kah

ENCLOSURE(s)

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**Ronald C. Petersen, M.D., Ph.D.**  
Consultant, Department of Neurology  
*Cora Kanow Professor of Alzheimer's  
Disease Research*

December 12, 2017

Mr. Donald E. Fike  
285 South Farnham Street  
Galesburg, Illinois 61401

Re: Establishment of a Residential Nursing Facility to Include Memory Care  
by Residential Alternatives of Illinois, a Not-for-Profit Organization

Dear Mr. Fike:

I am aware of your organization, Residential Alternatives of Illinois, as a provider of long-term care services. Specifically, you have welcomed our organization to tour your care facility and meet your employees, who are the primary caregivers to elderly throughout the continuum of general long-term care services.

The Alzheimer's Disease Research Center at Mayo Clinic promotes research and education about healthy brain aging, mild cognitive impairment, Alzheimer's disease, Lewy body dementia, frontotemporal dementia and other related dementia disorders. Ultimately, researchers in the center hope to prevent, delay and possibly cure Alzheimer's disease and other dementia disorders. In creative, interdisciplinary collaboration, researchers in the Alzheimer's Disease Research Center conduct a wide range of investigations. The center is a leader in classifying and diagnosing different forms of early-stage cognitive changes and identifying predictive models of risk. It also studies the entire spectrum of aging, including normal aging, mild cognitive impairment and dementia, in cooperation with the Mayo Clinic Study of Aging. Research has led to the detection of biomarkers and advanced neuro-imaging tests, in turn paving the way for potential new prevention therapies and treatments for early Alzheimer's disease. The center provides support for patients and families affected by Alzheimer's disease or a related dementia that includes opportunities to participate in drug trials, clinical research projects, special programs, support groups and education events.

This letter is to provide information and support for the need for specialized care for people with Alzheimer's disease and related memory issues. However, Mayo Clinic or its staff is not permitted to provide specific endorsement of any facility.

Providing care to this specialized population is generally more successful in residential settings that are designed around an existing memory care program. Typically, the physical environment needs to limit stimulation, encourage independence, provide a high level of adaptable activities, and allow for physical exercise that is not as structured. Overall general geriatric care is also provided to help improve elderly patients' function, independence, well-being, comfort and quality of life. I understand your philosophy is to assist your patients with achieving their objectives as they age. If that's not possible, you commit to

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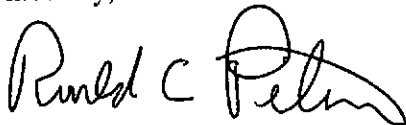
help patients and their families develop new goals that can be achieved in a dignified and respectful manner.

The number of people afflicted with Alzheimer's and dementia related disease is not declining. According to a 2017 Alzheimer's Disease Facts and Figures report from the Alzheimer's Association, there are an estimated 5.5 million people living with Alzheimer's disease in the U.S., and someone develops this disease every 66 seconds. It was estimated that in 2017, 15 million family members and friends provided 18.2 billion hours of unpaid care to those with Alzheimer's and other dementias (facts and figures available at [www.alz.org](http://www.alz.org)).

Mayo Clinic continues to perform research on many aspects of Alzheimer's disease and other related dementia, and we hope to one day find a cure for this disease. However, in the meantime, the need to provide specialized care for these individuals is growing at an exponential rate, as is our elderly population. There is a correlation between aging and the development of this disease. As such, there is a need to continue providing specialized residential living environments and services for this population. We believe your organization provides these needed services.

Best wishes and good luck on developing your project in Rochelle. I look forward to hearing of its progress and success.

Sincerely,

A handwritten signature in black ink, appearing to read "Ronald C. Petersen". The signature is fluid and cursive, with the first and last names being more prominent.

Ronald C. Petersen, M.D., Ph.D.  
Professor of Neurology  
Mayo Clinic College of Medicine